

Hands-On Cadaver Seminar

February 21-23, 2024
Celebration, Florida

Plantar Heel Spurs and Plantar Fasciitis

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Conflict of Interest Disclosure

I, Brant McCartan, have no financial relationship with companies and/or products which could affect the objectivity of this lecture.

The content of this presentation reflect the opinions of the speaker alone and any products or services mentioned are not endorsed by the AMIFAS.

Plantar Heel Spurs and Plantar Fasciitis

- often self limiting
- responds well to conservative therapy
- many options for patients and doctors
- acute vs chronic
- differentials



Surgical Options

- Open
- Endoscopic
- MIS



Plantar Fasciotomy

- preoperative marking
- local nerve block



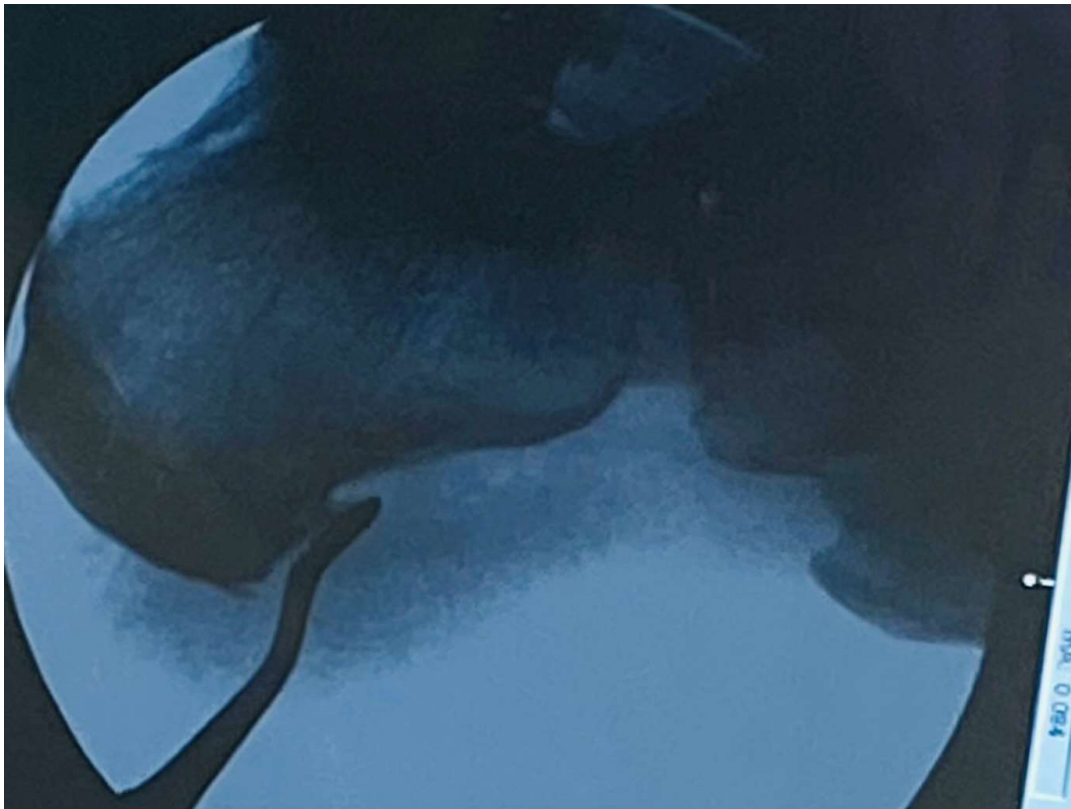
Plantar Fasciotomy

- incision approach
- elevator
- 6400 Beaver blade



Plantar Heel Spur Resection

- Hand rasp



Plantar Heel Spur Resection



Posterior “Borys” Osteotomy



Posterior “Borys” Osteotomy



Posterior “Borys” Osteotomy



Posterior “Borys” Osteotomy



Haglunds resection



Haglunds resection



Haglunds resection



Piezogenic Papules



Plantar Fasciotomy and Heel Spur Resection

- Not commonly performed
- Can be performed in-office without power
- MIS has minimal downtime



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THANK YOU

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